

5K and 1 MILE RUN & FUN FESTIVAL

A RACE TO BENEFIT SWEETWATER MISSION **SATURDAY. APRIL 25**

www.SpringChickenRun.com

This is a family friendly event supporting Sweetwater Mission so bring the whole family out for a day of fun! Pre-registered race participants will receive a quality short sleeved t-shirt! The race will be held rain or shine followed by Food, Fun & Kids Zone Activities. If you would like to support Sweetwater Mission but can't run on race day, simply register as a "Phantom Runner" and receive a t-shirt -- NO SWEAT!

PLACE

This digital chip timed 5K is an AJC Peachtree Road Race Qualifying Event and a great opportunity for personal best. The course is a LOOP starting in front of City Hall in Downtown Historic Powder Springs at 4484 Marietta Street, connecting with The Lucille Trail and The Silver Comet Trail, ending back at the Town Square. Free parking conveniently located one block east at First Baptist Church and Frist United Methodist Church.

TIME		AWARD	S
7:00 am	Race Day Registration and	5K	Overall Open - Male & Female
	Pre-Registration Bib Pick-Up		Masters - Male & Female
8:00 am	1 Mile Run/Walk		Top 3 in 10 Age Groups - Male & Female
8:30 am	5K Run/Walk	1Mile	Overall Open - Male & Female
9:30 am	Awards Ceremony		Top Finisher in 5 Youth Groups - Male & Female

COST

5K Run/Walk \$30 Early Bird (ends March 20)

\$35 Pre-Register (March 21-April 23)

\$40 Race Day (T-shirt not guaranteed)

1 Mile Run/Walk

\$30 Pre-Register (ends April 23)

\$35 Race Day (T-shirt not guaranteed)

\$30 (Free T-shirt)

Phantom Runner

DIGITAL CHIP TIMING BY:







ONLINE REGISTRATION BY:



QUALIFYING EVENT:

REGISTRATION	I FORM	1 :	S	SPRING CHICKEN RUN 2020										
							/	/			и	_		
Last Name			First Name		Age (requ	ired)	DC	OB (requir	·ed)					
Address				City		State				Zip Code	e	_		
Phone			Email Address			Team Nam	e					_		
Race (Circle One)	5K	1 Mile	Phantom Runner	T-Shirt Size (Circle One):										
Runner Signature	Poquire	d (Parent or Guard	dian if under 18)	No Shirt	YS	ΥM	S	М	L	XL	XXL			
Upon acceptance of my entry, I, for myself, my heirs and assigns, hereby release the beneficiary and host organizations, race organizers and workers, Orion Sports Timing, and all sponsors and officials of the Spring Chicken Run and Sweetwater Mission from any and all liability arising from damages, illness, or injuries I may suffer as a result of my participation in this event. I attest that I am in proper physical condition to undertake this event. I give permission for free use of my name and picture for publicity purposes for this event. I understand that my entry fee and any additional donations are non-refundable.			Sweetwater P.O. Box	eetwater Mission P.O. Box 802 Istell, GA 30168 Total Am				\$_ : \$_ \$						